



SACRED HEART INSTITUTE

Continuing Formation Units

Day/Evening of Recollection	1
Overnight Evening of Recollection	2
Clergy Convocation	1
Overnight Clergy Convocation	2
Recently Ordained Program (per annum)	
*unit values presume full participation	10
New Pastors training	6
Participation in Priest Support Group (per annum)	2
Virtus	
All Souls Clergy Masses/Gatherings	1
Lectures	1
Participation in Parish Mission	
<i>*Unit values will be determined on a case by case basis. Please submit details of the mission and your participation in it.</i>	
Preaching & Teaching	4
<i>*Eligibility requirements: must be outside the ordinary parish/ministerial responsibilities. To receive credit for teaching, it must be an original course developed by you and delivered by you. You may receive up to a maximum of 4 units in a three-year cycle for teaching a course or courses.</i>	
<u>Workshops</u>	
• On-line Sacred Heart Workshops (4 weeks)	4
• In person Sacred Heart Workshops (2 sessions)	2
• 30 hour course (equivalent of 3 academic credits on-line or in person)	12
Audit	8
• Conference/Lecture	1
• Study week (minimum of 5 days)	7
<u>Institute of Priestly Formation (IPF)</u>	
• Spiritual Direction training (per annum)	9
• Retreat for Seminary faculty	6
• Seminar for Seminary faculty	5
• Symposium	5
• Theology of the Body Course	5
<u>Mundelein Seminary</u>	
• Emotional, Intelligence & Human Relation Skills	7
• 3 Credit Academic courses	12
• Spiritual Direction training (per annum)	9